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Reference	Name of the Scale(s)	Age of carer (range and mean)	Race/Ethnic distribution	Sample size and % Female	Relationship of carer to person receiving care	Sample selection description	Diagnosis of person receiving care	Years/Months/ Hours per week providing care	Caregiver Education
(1982) ¹	Scale 1: Behavioral and Mood Disturbance Scale (BMDS) Scale 2: Relatives' Stress Scale (RSS)	Not reported	Not reported	Female=Not reported	Daughters=42.1% Spouses=39.5% Other relatives=18.4%	Primary family caregivers of a relative diagnosed with dementia, who was attending a "day hospital," were approached by researchers to participate in the study. The major criterion for selection was that each care recipient should have a relative capable of providing a reliable assessment of the person's behavior.	Senile Dementia	Not reported	Not reported
Kinney & Stephens (1989) ²		Range: 24–81 Mean: 57.4 (SD=13.3)	Not reported	Female=81.7%	Spouses=46.7% Daughters (natural and in-law)=41.7% Other=11.6%	Participants were recruited from local Alzheimer's Disease and Related Disorders Association Chapter.	AD=93.3% Other=6.7%	Range: 0.08-11.0 years Mean: 4.1 years (SD=2.9)	Not reported
Lawton <i>et al.</i> (1989) ³	Caregiver Appraisal Scale (CAS)	Mean: 59.9 (SD=13.40)	Non-White=25.5% White=74.5%	Female=78.3%	Spouse=45.1% Adult child=38.6% Child-in-Law=4.4% Sibling=4.3% Friend=1.9% Other relative=5.7%	Philadelphia Geriatric Center and the Alzheimer's Disease and Related Disorders Association.	AD		Mean=12.1 years of schooling (SD=3.16)
(1989)4	Inventory (CBI)	Range: 25-87 Mean: 60.13 (SD=13.06)	Not reported	Female=73.8%	Spouse=44.9% Adult child (natural and in-law)=48.8% Other relative=6.3%	Study participants were recruited from community care professionals including care coordinators, physicians, and directors of care facilities within the Manitoba Community Services and Home Care Division.	AD, senile dementia, or "organic brain syndrome" (neurocognitive disease). (Diagnosis was made by health care professionals trained to recognize the symptoms of these disorders. No proportions per group were provided.)		Not reported
Ellis <i>et al.</i> (1989)⁵	Scale1: Caregiver Reactions Scale (CRS) Scale 2: Social Resources Scale (SRS)	Not reported	Not reported		Relationship of the family CG to care recipient is not reported.	Family caregivers were recruited through community agencies and local chapters of the Alzheimer's Disease and Related Disorders Association. Data from individuals meeting eligibility criteria were collected with telephone interviews conducted by trained interviewers.	Diagnosis of AD or related disorders	Not reported	Not reported

AD = Alzheimer's disease; ADRD = Alzheimer's disease and related disorders; CDR = Clinical Dementia Rating; FTD=frontotemporal dementia; GCSE = General Certificate of Secondary Education (high school grading system in some European countries); MCI = mild cognitive impairment; MMSE = Mini-Mental State Examination.